



# RHODES ALUMNI

GRADUATES OF THE PROFESSIONAL COUNSELLING DIPLOMA PROGRAM



**Nat Perry**  
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Nat graduated from Rhodes Wellness College in 2010 with a diploma in Professional Counselling. As a Wellness Advisor within the University of New Brunswick's Faculty of Law, Nat develops health and wellness programs and offers one-on-one coaching and counselling to students. Nat's experience includes running groups, facilitating workshops, and public speaking, with notable presentations at the Saint John Newcomers Skill Up for Success program, Ignite Fredericton's Economic Empowerment Program for Immigrant Women, and the New Brunswick Girls STEM Up Conference. Nat's transformative training at Rhodes Wellness College deeply integrated each topic and skill, fostering confidence as a wellness professional and change-maker. Nat continues to deliver personal development workshops and consultations to community organizations and businesses on the East Coast, embodying a love for work and life.

Crystal graduated from Rhodes Wellness College in 2018 with a diploma in Professional Counselling. For over 5 years, she has worked as a Family Counsellor for the Family Services of Greater Vancouver. As a designated RPC and MPCC she has helped several families and individuals overcome challenges, foster deeper connections, build harmonious relationships, and develop confidence to create positive change in their lives. She addresses issues such as substance abuse, anger, anxiety, ADHD, autism, codependency, communication, relationship problems, depression, domestic violence, family conflict, and trauma. Crystal is committed to providing empathetic and effective support to individuals and families, helping them navigate their challenges and achieve personal growth.



**Crystal Graff**  
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**Chelsea Lee**  
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Chelsea graduated from Rhodes Wellness College in 2020 with a diploma in Professional Counselling. She has run her own designated practice for 4 years now. As an RPC she is a dedicated therapist based in Vancouver, specializing in anxiety, trauma, relationships, self-esteem, and personal growth. With an integrated approach to therapy, using client-centred techniques, trauma-informed care, Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Motivational Interviewing (MI), and Narrative Therapy to provide personalized and effective support for healing and growth. She is passionate about helping individuals navigate their emotional landscapes and build healthier, more fulfilling lives.